



*“Our deepest fear is not that we are inadequate.
Our deepest fear is that we are powerful beyond measure.
It is our light, not our darkness that most frightens us.
We ask ourselves, ‘who am I to be brilliant, gorgeous, talented,
and fabulous?’ Actually who are you not to be?*

YOU ARE A CHILD OF GOD.

*Your playing small does not serve the world.
There is nothing enlightened about shrinking
so that other people won't feel insecure around you.
We were born to manifest the glory that is within us.
And as we let our light shine we unconsciously
give other people permission to do the same.
As we are liberated from our own fear,
our presence automatically liberates others.”*

—Marianne Williamson

Nelson Mandela used this passage in his 1994 Inaugural Speech